

# GoMommyGO®

**Potty Training can be a JOY,  
and NOT a CHORE  
- IF YOU MAKE IT A GAME!**

This worked for my 7 kids:  
Make a ladder like the one to  
the right, (from adding machine  
paper, etc. or print this out), and  
tape it on the wall right near the  
potty. Choose an inexpensive  
prize to buy that you know your  
child will enjoy (a small toy from  
the 99 cent store, a lollipop, a  
candy, etc.) plus a pack of small  
stickers *in advance* (and HIDE  
IT!). Draw or paste a picture of  
the prize in the square above  
the ladder. Tell them that each  
time they go potty in the RIGHT  
PLACE (on the pot) they will get  
a sticker, starting at the bottom  
of the ladder- and when he gets  
to the top, he will win the prize!  
(If the prize is candy - DO NOT  
give him **ANY** Candy AT **ANY**  
**OTHER TIMES** UNTIL HE HAS  
EARNED IT or the prize will  
lose its value! Many kids enjoy  
placing their earned sticker on  
their chart by themselves - if  
you show them where it goes.  
That in itself will be a temporary  
satisfaction for their good  
behavior until they have earned  
their 'big' prize on top.  
If he or she has an accident  
outside the bathroom, instead  
of scolding, just say  
sympathetically, "I'm sorry, I  
can't give you a sticker this  
time. But next time, when you  
do it on the potty, I can give you  
a sticker!" Make another chart  
after they complete the chart  
and win the prize, and before  
long it will be a habit, even  
without the prize!

**PottyTraining Ladder**  
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